



FAST FACTS

Mercy San Juan Medical Center, 2010

Mercy San Juan Medical Center doctors and staff are committed to excellence and have gained national attention through the strength of key programs and services, along with community outreach. Mercy San Juan was one of only six hospitals in California, and among 75 in the nation, to receive a **Best in Value™: Superior Quality Merit Award** in a 2009 national study on U.S. hospitals and the value of care they provide. Mercy San Juan Medical Center also received 100 Top Hospital national recognition from Thomson-Reuters in 2007 and 2008.

Located in Carmichael, Mercy San Juan serves the people of North Sacramento County and South Placer County with a comprehensive array of programs to meet nearly every healthcare need. Founded in 1967, Mercy San Juan is looking toward the future. A major expansion was completed in December 2009 that includes a new six-story patient tower to help meet the needs of the surrounding communities and improve access to quality care. Patients visiting Mercy San Juan will not only receive excellent care, but will also experience a comfortable stay in a soothing healing environment.

Vital statistics

- Licensed acute care beds: 370
- Employees: 2,100
- Active medical staff: 430
- Active volunteers: 270
- Emergency Department beds: 31

Facts Worth Noting

Bariatric surgery: The American Society of Bariatric Surgeons recognizes Mercy San Juan as a Center of Excellence. The program is led by Laura Machado, MD, one of the only female bariatric surgeons in Northern California.

Cardiac services: Mercy San Juan's complete cardiac program includes cardiac surgery, cardiac catheterization and cardiac rehabilitation. The cardiac team ranks among the nation's best in getting patients from the Emergency Department door to the procedure they need in the fastest time. In 2008 and 2009, Blue Cross/Blue Shield recognized Mercy San Juan as a Blue Distinction Center for Cardiac Care.

da Vinci Surgical System: The da Vinci Surgical System uses the latest 3D, high-definition robotic technology to provide patients with a precise, non-invasive alternative to both traditional surgery and laparoscopy. Patients benefit by having less bleeding, less pain, quicker recoveries and less risk for nerve damage. In addition to surgeons who perform gynecologic, kidney and prostate procedures, Mercy San Juan has the **only robotic-trained thoracic surgeons** in Northern California using da Vinci to treat lung and esophagus diseases.

Family Birth Center: At Mercy San Juan, 3,000 babies are born each year, with excellent care for full-term newborns in the Family Birth Center and for premature infants in the Neonatal Intensive Care Unit.

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Facts Worth Noting (*continued*)

Hyperbaric Oxygen (HBO): Mercy San Juan is the only hospital in the Sacramento area to provide hyperbaric oxygen therapy to treat patients with tissue damage from radiation therapy, carbon monoxide poisoning, slow-healing wounds and gangrene.

Level II Trauma Center: The Trauma Center celebrated its 10-year anniversary in 2009! It is recognized nationally as a leader in trauma care and enhances care for all medical center patients with advanced diagnostic imaging equipment, monitoring equipment and lab services. All hospital patients also have greater access to specialty doctors. The Trauma Center has received American College of Surgeons (ACS) verification, the gold standard for trauma centers. ACS surveyors noted that other hospitals looking to start a trauma center should use Mercy San Juan's program as a model and applauded hospital employees for the collaboration and pride they show in the trauma program.

Mercy Cancer Center: The Mercy Cancer Center is an accredited cancer center that provides high-quality, comprehensive cancer services. Each year, the medical center sees nearly 2,000 patients in the Oncology Unit. Prevention and early detection, inpatient and outpatient treatment, specialized surgery, research, rehabilitation, home health and hospice are some of the core services provided. The Mercy Center for Breast Health offers women a full range of quality breast health services in a comfortable, homelike environment.

Mercy Neurological Institute of Greater Sacramento: The Mercy Neurological Institute of Greater Sacramento offers the expertise of neurological specialists at Mercy San Juan who provide breakthrough treatments for complex diseases that affect the brain, including stroke, epilepsy, multiple sclerosis, brain tumors, advanced neurovascular therapy, spine and brain trauma. Mercy San Juan, along with Mercy General, were the first two sites in Sacramento to achieve the Gold Seal of Approval and designation as Primary Stroke Centers by The Joint Commission.

Mercy Perinatal Recovery Network: Mercy PRN is a nationally recognized outpatient drug and alcohol treatment program especially for women who are pregnant or have young children. The program offers women counseling, education and support services. Mercy PRN received the prestigious Achievement Citation Award from the Catholic Health Association of the United States in 2009.

Mercy Sleep Center: Accredited by the American Academy of Sleep Medicine, the Sleep Center offers the latest digital technology and doctors who are board certified in sleep medicine to help treat sleep disorders including sleep apnea, narcolepsy, periodic limb movements and insomnia.

Neonatal Intensive Care Unit (NICU): Mercy San Juan Medical Center's 26-bed NICU has a 10-year record of being ranked among the world's top 10% in caring for seriously ill or premature infants. For babies weighing just 1 to 3 pounds, Mercy San Juan routinely ranks in the nation's top 5% for survival. Data from the Vermont Oxford Network tracks neonatal outcomes at approximately 500 participating NICUs from the United States and internationally.

Orthopedic services: Mercy San Juan's orthopedic surgeons and expert staff provide patients with thorough diagnosis and effective treatment solutions to restore strength, flexibility and function to major joints such as knees, hips and shoulders. Treatment for joint pain caused by arthritis or injuries to ligaments or tendons ranges from physical therapy to joint replacement surgery to rehabilitation.

Reaching Out to the Community

Mentor relationships: Mercy San Juan doctors, nurses and staff work closely with local high school and college students, giving them valuable healthcare experience and helping develop the next generation of healthcare professionals.

MercyClinic North Highlands: Located on site at F.C. Joyce Elementary School, this clinic provides free primary healthcare to the medically underserved in North Highlands. Mercy San Juan operates the clinic in partnership with Twin Rivers Unified School District and the County of Sacramento.

Stroke leadership: Mercy partners with the American Stroke Association to raise public awareness of stroke warning signs, new therapies and the urgency of getting to the Emergency Department within three hours of symptoms appearing for the best outcomes.

Trauma prevention: Mercy San Juan is the lead agency for the local SAFE KIDS Coalition, a collaborative effort between healthcare, law enforcement, fire departments and others working together to provide child safety education. Mercy San Juan and SAFE KIDS received a national award for a program that educates non-English speaking families about car seat safety. Mercy San Juan also promotes drunken driving prevention among teens through the "Every 15 Minutes" program.

